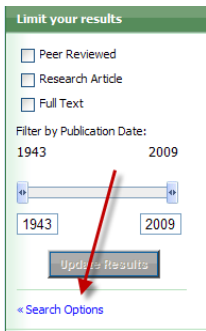


Depending upon the database you use, you will need different limits to find evidence based information. This handout will tell you what to look for in the different databases, but it is best to meet with a librarian for assistance. If you are having trouble finding articles that fit these requirements, ask your instructor what other types of articles you should look for.

Ebsco's CINAHL



Make sure you are using the Advanced Search (see link right beneath search box). Run your search. Now, there is a box to the right of your results that says "Limit Your Results". Click the link at the bottom of the box that says "Search Options."

You can select the option for Evidence Based Practice, or you will want to scroll to the bottom of the page where it says "Publication type" and select any or all of the following...

Case Study	Evidence Based Care Sheet	Practice Guidelines
Clinical Trial	Systematic Review	

If this does not get you any material, you could also try limiting to other publication types such as Research or limiting to Journal Subset "peer reviewed." Don't forget to look at the clinical queries, too.

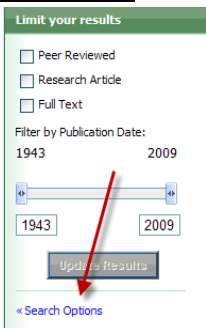
Ovid's Medline

First, try selecting "Evidence Based Medicine Reviews" from the EBM Reviews box on the Main Search Page. Or, under "Additional Limits" there is a box labeled "Publication Types" Select any or all of the following:

Case Reports	Controlled Clinical Trial	Meta Analysis	Guideline
Clinical Trial, all	Randomized Control Trial	Practice Guideline	Clinical Trial

You might also consider using the limit for "Systematic Reviews" under Subject Subsets.

PsychInfo



Make sure you are using the Advanced Search (see link right beneath search box). Run your search.

Now, there is a box to the right of your results that says "Limit Your Results". Click the link at the bottom of the box that says "Search Options."

Now, under Methodologies, select any and all of the following:

Clinical Case Study	Meta Analysis	Non-Clinical Case Study
Literature Review	Treatment outcome/Clinical Trial	Empirical studies

PubMed

Click on the link for “Advanced Search” near the top of the search box. Near the middle of the page are “Type of Article” limits.

Case Reports	Controlled Clinical Trial	Meta Analysis	Guideline
Clinical Trial, all	Randomized Control Trial	Practice Guideline	Clinical Trial

You may also want to use “Clinical Queries” at the bottom of the Advanced Search page to find systematic reviews and articles by clinical study category.

EBM Reviews (all including Cochrane)

All the information in these databases is evidence based, so you don't need to apply limits. But, remember to think of synonyms and truncate.